



Recommended Resources

High School Co-teachers

Healthy Family Relationships

21 WAYS TO CONNECT WITH YOUR KIDS

Kathi Lipp

Develop a strong relationship with your children by creating daily habits that can be practiced even in the midst of hectic days.

BOUNDARIES WITH KIDS

Henry Cloud and Dr. John Townsend

Raise kids who take responsibility for their lives and attitudes. Learn how to set loving limits, define appropriate boundaries and consequences for children, and much more.

THE FIVE LOVE LANGUAGES OF CHILDREN

Dr. Gary Chapman and Dr. Ross Campbell

Are you expressing your love in a way your child understands? Discover your child's unique communication style so you can better meet his or her deepest emotional needs. From quality time to physical touch, these five "love languages" hold the key to your child's development and success.

THE KEY TO YOUR CHILD'S HEART

Dr. Gary Smalley

Offers steps to help raise motivated children. Cuts to the heart of the anger and alienation that mar so many modern homes. Outlines effective steps for parents to open up a child who has shut them out. Describes family-tested ways for parents to set limits and enforce them, and achieve a close-knit family.

THE LANGUAGE OF LOVE

Dr. Gary Smalley, John Trent, Ph.D.

Words have incredible power, especially when they say what you mean. Shows how "emotional word pictures" can infuse understanding and intimacy into all your relationships.

PARENTING WITH LOVE & LOGIC

Dr. Foster W. Cline and Jim Fay

www.loveandlogic.com

RAISING RESPECTFUL CHILDREN IN A DISRESPECTFUL WORLD

Jill Rigby

You can raise respectful kids. Offers advice for how to succeed by modeling respect, helping your kids find purpose and learn perseverance, setting and maintaining healthy boundaries, and other useful practices.

RAISING UNSELFISH CHILDREN IN A SELF-ABSORBED WORLD

Jill Rigby

After decades of experimenting with child-focused parenting, parents are beginning to realize that the result is often self-centered children who tend toward egotism, selfishness and mediocrity. Reveals the dangers of the self-esteem parenting philosophy and challenges parents to teach their children to be unselfish givers instead. Learn how to equip children to interact with kindness and respect in a world outside themselves.

SHEPHERDING A CHILD'S HEART

Tedd Tripp

Grounded in the Bible's divine plan for parenting, this guide defines your goals as a parent and provides the scriptural methods for accomplishing them.

YOUR HERITAGE: How to Be Intentional About the Legacy You Leave

J. Otis Ledbetter and Kurt Bruner

Focuses on three critical areas of every legacy—the spiritual, emotional, and social—and presents a common-sense, intentional approach for strengthening your roots by understanding the heritage you were given, breaking the cycle of hurt, and charting a new course for the future.

Education & Instruction

PREPARING TO SUCCEED IN COLLEGE

<http://www.familylife.com/articles/topics/parenting/essentials/releasing-your-child#.UbKK2nYo5dg>

INTEREST INVENTORY

www.mynextmove.org/explore/ip

PERSONALITY ASSESSMENT

Provided via Lone Star College's web site. Contact Legacy's High School Guidance Counselor if you have an interest in taking it. She will walk you through how to register for it and will review the results with your student once it's completed.

CAREER OUTLOOK HANDBOOK

www.bls.gov/ooh/

Research career options

REGISTER FOR UPCOMING SAT DATES

<http://sat.collegeboard.org/register/sat-us-dates>

REGISTER FOR UPCOMING ACT DATES

<http://www.actstudent.org/regist/>

PATHWAYS TO COLLEGE & CAREER READINESS

www.careertech.org/Career-Clusters

10 WAYS TO HELP YOUR KIDS DO WELL IN MATH

<http://school.familyeducation.com/math/parenting/38812.html>

ANSWERS IN GENESIS VIDEOS

<http://www.answersingenesis.org/kids/videos>

EQUIP KIDS FOR LIFELONG LEARNING

http://www.focusonthefamily.com/parenting/schooling/equip_kids_for_learning.aspx

HEALTHY SCHOOL LUNCHES

http://kidshealth.org/kid/nutrition/food/school_lunches.html#

HOW GREAT IS OUR GOD, PART 1

Louie Giglio

<http://www.youtube.com/watch?v=RKMw1ndl-EY&feature=related>

HOW GREAT IS OUR GOD, PART 2

Louie Giglio

<http://www.youtube.com/watch?v=UBkY1Ff46Bg&feature=related>

HOW IT'S MADE

<http://science.discovery.com/tv-shows/how-its-made>

IT COULDN'T JUST HAPPEN

Lawrence Richards

Offers solid, Biblical answers to some of the tough questions kids ask about evolution and our world. Defines Creationism and allows kids (and parents) to develop confidence in their faith, while explaining the beliefs of those who think that life came into existence without God.

MATH CONCEPT REVIEW

Manipulatives: <http://nlvm.usu.edu/>

Lessons & review: <https://www.khanacademy.org/>

MEN AND WOMEN OF FAITH SERIES

Various authors, Bethany House Publishers

Gathered from across centuries and continents, these biographies each provide an inspiring example of a person dedicated to living fully for God. Whether missionary, writer, theologian, or ordinary citizen, each person's story offers encouragement and an appreciation of our spiritual history. Titles include Jim Elliot, C.S. Lewis, D.L. Moody, Hudson Taylor, Harriet Tubman, Susanna Wesley, and more.

SCHOLASTIC FLASH CARDS MAKER

<http://www.scholastic.com/kids/homework/flashcards.htm>

SCHOOL STARTS AT HOME

Cheri Fuller

You are your child's most important teacher. Foster a stimulating, creative, and fun environment for learning. Parents are uniquely positioned to lead their child to healthy study habits and an appreciation of lifelong education. You can do it and it all starts at home.

THE SMITHSONIAN

<http://www.si.edu/>

TALKERS, WATCHERS, & DOERS

Cheri Fuller

There are many learning styles, but children usually fall into one of these three: auditory, visual, or kinesthetic. Each style brings unique perspective and aptitudes. By understanding your child's basic learning style and intelligence gifts, you can tailor a learning environment to specifically suit his or her needs.

THE WAY THEY LEARN

Cynthia Tobias

Gain a better understanding of the learning approaches that will help your children do better in school. Once these approaches are understood, any parent or teacher can become more effective in helping children grasp confusing concepts, stay interested in lessons and utilize his or her greatest strengths.

Managing Stress

HELP FOR FRUSTRATED MOTHERS

Grace Ketterman and Pat Holt

All mothers experience frustration, stress, and difficulty in coping with their children at times. When faced with this stress, many mothers resort to yelling at their kids in order to gain some control over what feels like an out-of-control situation. Practical steps are given for choosing more effective and positive ways to get children to do what they must do. The second part of the book offers commonsense answers to specific questions relating to all areas of child rearing from infancy through the teen years.

MARGIN: Restoring Emotional, Physical, Financial, and Time Reserves to Overloaded Lives, Revised

Dr. Richard A. Swenson

Provides a prescription against the danger of over-committed lives, focusing on margins—the space between ourselves and our limits—in four key areas: emotional energy, physical energy, time, and finances.

THE OVERLOAD SYNDROME: Learning to Live Within Your Limits

Richard A. Swenson

Tired of running around wondering what the definition of "spare time" is? Offers 175 "prescriptions" to counter-act stress while restoring time and space to rest and heal. You'll be amazed at life's beauty, not overwhelmed by its blur.

SIMPLIFY YOUR LIFE

Marcia Ramsland

Reduce the mess and stamp out stress. A grace-oriented approach to organizing your home, your time, and your life. Master the "2-minute pickup" method for cleaning any room, create a "personal organizing center" and learn to spot the red flags of disorganization that keep your home from the relaxing place it was meant to be.

WOMEN WHO DO TOO MUCH

Patricia Sprinkle

Are you tired of being all things to all people? Are you overwhelmed by busyness, guilt, and stress? Addresses the needs of women today, showing you how to do less, live better, and accomplish what truly matters. By tackling the larger issues of goals and commitments first, you then are led to determine what God created you to do and focus on doing just that. Also includes tips to help you handle the demands of everyday life, plus quick, simple exercises to help you apply what you learn.