

Friday Elective Class Descriptions

Grades PK-4th

Fall (August 23, 2019- December 6, 2019, 14 Fridays)

All classes offered are contingent on enrollment

Bible Journaling (Grades 2-4) - Students will enjoy this exciting way to engage with Scripture and find a creative approach to the discipline of bible journaling. A combination of drawing and writing will transform the way they spend time in the Word and bring the words to life! In this class, students will learn how the discipline of bible journaling can also be a way of engaging in other disciplines such as prayer, bible intake, worship, silence and solitude and learning. With pen (or color) in hand, students will visually capture scripture, meditate on God's word and study the text. This class doesn't require any sort of skilled artist or writer. All that matters is that students are willing to experience God and His Word in a creative and fun way! \$15 supply fee.

Martial Arts: (Grades 1-4) Cox ATA Martial Arts. - top Martial Arts School in Magnolia. As a member of the largest Martial Arts organization in the world, American Taekwondo Association (ATA), you can be assured that you will be getting the very best. Our Instructors train every student to the best of their ability. Some students come fit, while others come out of shape, limited flexibility or never participated in any kind of fitness activity. As a student, you are looked upon as an individual, never compared to anyone else. Our instructors will be with you every step of the way. All that is expected is a willingness to try. Life Skill Focus: Respect – Honor – Determination – Effort – Self Control – Friendship – Confidence – Loyalty – Integrity – Goals We look forward to working with your student and helping them discover the enriching experience of Martial Arts. "Martial Arts Is An Individual Sport With A Team Environment." Mr. Kalob Cox- Chief Certified Instructor and Legacy Parent.

Lil' Lion Boys Basketball: (Spring) (Grades 2-4) is for kids who want to have FUN while learning the sport of basketball! In this course, Legacy PE/Club Sports Coach Trent Craig will cover basic fundamentals and skills of basketball such as dribbling, passing, shooting, rules, and strategy. There will be drills, kid friendly competitions, and scrimmage play. Conditioning, teamwork, and good sportsmanship are also strongly emphasized in every class. \$25 supply fee.

Lil' Lion Boys Football: (Fall) (Grades 2-4) is for kids who want to have FUN while learning the sport of football! In this course, Legacy PE/Club Sports Coach Trent Craig will cover fundamentals and skills of football such as plays, passing, receiving, rules, and strategy. There will be drills, kid friendly competitions, and scrimmage play. Conditioning, teamwork, and good sportsmanship are also strongly emphasized in every class. \$25 supply fee.

Lil' Lion Girls Volleyball: (Fall) (Grades 2-4) Coach Lynette Lecky will focus on the fundamentals of the game. Through ball handling drills and games, we will enhance the girls' skills. The goal is to help each child develop at their own individual pace in a fun environment. In addition, they will also learn the rules of play and practice drills for home. \$25 supply fee.

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Carma's Creations: Dance/Ballet/Jazz- (Grades PK-K); Dance/Ballet/Jazz (Grades 1-2) The goal of each class is to develop an appreciation for the art of dance. The classes are designed to increase coordination and motor skills as well as confidence and flexibility. Classes are upbeat, safe and structured. Each class will consist of a warm-up, technique time, a routine segment, review of the daily lesson, a cool down and most of all – FUN! There will be a final performance for parents. Carma has been a business owner, choreographer, and dance teacher for over 25 years. In the early years of her dance career, Carma performed and competed throughout the United States and Europe. She won several national and international awards for her choreography skills and dance ability. She has produced over 25 dance recitals with over 250 dancers and a 35 person backstage crew. Carma has shared her love of dance with thousands of children over the past 2 1/2 decades. She would be honored to share this love with your child. Carma is licensed, insured, and has been fingerprinted and background checked. She also has her First Aid/CPR Certification. \$45 supply fee.

Cheer: Beginner- (Grades PK-1) In this elective, girls will learn basic chants and cheers as well as proper form. They will also learn some of the same cheers done by the Legacy Jr/High School Cheer Squad. Additionally, the girls will learn the importance of working in a group as well as independently. The class will also cover why cheerleaders are important, and how they help the school and teams. There is a \$25 supply fee.

Cheer: Intermediate-(Grades 2-4) Legacy Cheer Coaches will teach our girls the same cheers done by the Legacy JR/High School Cheer Squads. Additionally, the girls will learn the importance of working in a group as well as independently. Many fun game day activities will be planned. There is a \$25 supply fee.

Chess: (Grades 1-4) USA Chess school chess programs are one- half hour lessons and one -half hour practice and play. USA Chess instructors are all experienced tournament chess players. Our staff includes several national and FIDE Masters, experts and more. They are background checked and screened to make sure they are effective instructors and teach children the game in a fun and interesting way.

Circus Arts: Chimal- (Grades 1-4) Coach Alex Chimal is a professional 4th generation circus performer, coach and choreographer with over 35 years of experience. Students will have the safest training on fun circus arts activities such as juggling, unicycles, balance on low wire, hula hooping, acrobatics on tumble track, and aerial silks, hoop, or trapeze as well as teaching performance of these skills.

Club Sports: (Grades PK-1; 2-4) Each week Coach Trent Craig will cover a sports unit and will incorporate the philosophy of FFL– Fun, Fitness, and Learning. The following units will be covered–soccer, flag football, baseball, tennis, basketball, capture the flag, dodgeball, and

golf/frisbee golf with additional games and activities possible. Basic skills, fundamentals, rules, and strategy are taught and incorporated into healthy, kid friendly competition with an emphasis on teamwork, fairness, good sportsmanship, accountability, encouragement, unselfishness, and leadership.

Computer: Coder Kids- Exploring Basic Coding (Grades K – 2) Prepare now for the future! In this class students will learn the basics of computer programming by working in apps like Scratch Jr, playing with games like Robot Turtles, working on Osmo coding, and more! The main purpose of the class is to teach students basic logic and sequencing skills to prepare them to be successful in Scratch.

Computer: Coder Kids- Make Games in Scratch (Grades 3 – 4) Does your child love video games? Let us teach them how to make their own! In this class, students will make creative games and animations using Scratch. Scratch is built for beginners and builds the fundamentals for moving into more advanced programming languages. By the end of our class, students will have a small portfolio of games and animations to show off to friends and the skills to build their own. No coding experience required.

Golf: TGA Premier Junior Golf -(Grades PK-4) Students will progress through two TGA levels! All equipment is provided by TGA. In this course, students will learn through drills, games and challenges. They will also be introduced to course rules and golf etiquette. Skills include: putting, chipping, “3/4” swing and full swing. Along with the introduction to golf and tennis, TGA also incorporates S.T.E.A.M (STEM) training into their curriculum. That would be TNT DYNAMITE!

Gymnastics: Chimal- (Grades PK-4) Coach Alex Chimal is a certified gymnastics coach with USA Gymnastics and has coached gymnastics at a competitive level. He has 35 years of acrobatic experience as a professional circus performer, trainer and spotter. Gymnastics benefits students in any of the sports as well as the cheer leading class. Students will work on balance, gross motor skills, flexibility and strength as well as teaching safety. We bring a tumble track, bars, rings, mats, balance beam and mini trampoline.

Homework Help: (Grades PK-4) Ever wish you had just another hour for your student to do homework? Here’s your chance...Homework Help is a study hall for elementary students. Students and parents can get the best of both worlds... Students can enjoy the fun of participating in Friday electives and parents can feel confident that they are able to complete a little homework too! In this class, students are required to bring some sort of homework or reading material to each class period. Class will work like a study hall where students are required to do quiet, independent school work. Electronic devices, etc. will not be allowed. Homework Help will be monitored by a staff/faculty member who will be able to assist the students if needed.

Little Beakers: Science, Dissections, STEM and Robotics- (Grades K-4) With its trademark hands-on philosophy, Little Beakers’ weekly STEM-intensive lab sessions will excite and engage students through projects that encompass chemistry, physics, biology, microbiology, biochemistry, forensic science, earth science, geology, space science, astronomy, and more. With lab coats and safety glasses provided each week, project work will be accomplished

through: * The use of laboratory equipment, including standard and digital microscopes * Simple dissections of preserved specimens * The interactive study of atoms and matter using molecular building models * Brief reviews of key historical scientists and inventors Little Beakers....created by a scientist for future scientists!

Soccer: Soccer Shots- (Grades PK-4) Soccer Shots is an engaging children's soccer program with a focus on character development. Our caring team positively impacts children's lives on and off the field through best-in class coaching, curriculum and communication. Our expert-approved curriculum is age-appropriate and aligns with childhood education standards and Texas Early Learning Guidelines. Soccer Shots is also the official partner for US Youth Soccer. In addition, we provide an exceptional customer experience and ongoing communication with parents.

Spanish: The Language Spark- (Grades PK-4) The Language Spark will be offering Spanish Immersion classes this year at Legacy. The Language Spark's goal is to ignite a love of learning Spanish in young children and to do so in fun, innovative ways. Our curriculum is theme-based so that children will be engaged in subject area material each week. We bring Spanish to life through current Second-Language Acquisition techniques. Children will also play games, sing songs, use manipulatives, make crafts and watch short videos in Spanish in order to acquire new vocabulary and phrases. Hoping to have 2 Levels – Beginning & Advance groups this Spring. \$15 Supply Fee.

Stronger To Serve: Kindness Half-Marathon: Students in grades K-4 will run with their friends to complete a half-marathon and participate in fun kindness challenges for the community! They will get to learn about goal setting, easy ways to show kindness and stop bullying, and how to help animals, veterans, seniors, hungry families and many more.

Tennis: TGA -(Grades PK-4) TGA makes it convenient and fun for your child to learn and play tennis right on their school campus! Our proprietary curriculum's for elementary school and middle school were created by TGA's education experts and the United States Tennis Association (USTA). Students will experience a mix of tennis instruction, rules & etiquette lessons, educational components, character development lessons and physical activity as they advance through the five-level program. Our screened and certified instructors have a passion for working with children and are trained to help your student athlete develop a strong foundation of skills and knowledge as well as a passion for the sport. Along with the introduction to golf and tennis, TGA also incorporates S.T.E.A.M (STEM) training into their curriculum. That would be TNT DYNAMITE!

Yoga: Yo-Yogi's- (Grades 1-4); Tiny Toes Yoga (Grades PK-1) Yo-Yogi's – Yoga a fun journey through storytelling and interactive games including traditional asana (posture) practices and meditation. This program is a perfect preschool enhancing enrichment! Tiny Toes Yoga – This yoga experience uses traditional asana (postures), breathing techniques, and guided kid-friendly meditations. Thrive Yoga Kids Classes focus on allowing kids to move, be engaged in a literacy experience through storytelling and discover ways to relax with breathing techniques. We provide an educational journey. Kids learn about yoga, the body and mind. We cultivate creativity, play and awareness through our yoga and wellness programs. In each class, we talk

about what good deeds we have done in the week leading up to our gathering, and we take individual and collective joy in the act of consciously doing good unto others. Thrive Yoga classes foster strength, creativity, focus, cooperation, and confidence for a happy, healthy and balanced life.

Drawing : Young Rembrandts- We are happy to be back Drawing at Legacy's Friday Electives! Our classes are designed to teach drawing skills, art techniques and vocabulary, exposing the students to **a different subject every week**. The thoughtful repetition of Young Rembrandts step-by-step methodology **increases visual literacy, fine motor skills, intellectual development and out of the box thinking while boosting self-confidence and bringing a creative outlet for our students**. We believe that drawing is the bedrock skill required for future success in many areas in life: we strive to provide children with skills to express their creativity and believe they all can – and should – learn to draw and enjoy it. **Come Draw with Us!** \$25 supply fee.