

Friday Elective Class Descriptions

Grades PK-4th

Spring 2021 (January 15th- May 14th, a total of 16 Fridays)

All classes offered are contingent on enrollment

Martial Arts: (Grades 1-4) Cox ATA Martial Arts. - top Martial Arts School in Magnolia. As a member of the largest Martial Arts organization in the world, American Taekwondo Association (ATA), you can be assured that you will be getting the very best. Our Instructors train every student to the best of their ability. Some students come fit, while others come out of shape, limited flexibility or never participated in any kind of fitness activity. As a student, you are looked upon as an individual, never compared to anyone else. Our instructors will be with you every step of the way. All that is expected is a willingness to try. Life Skill Focus: Respect – Honor – Determination – Effort – Self Control – Friendship – Confidence – Loyalty – Integrity – Goals We look forward to working with your student and helping them discover the enriching experience of Martial Arts. “Martial Arts Is An Individual Sport With A Team Environment.” Mr. Kalob Cox- Chief Certified Instructor and Legacy Parent.

Lil Lion Boys Basketball: (Spring) (Grades 2-4) is for kids who want to have FUN while learning the sport of basketball! In this course, students will cover basic fundamentals and skills of basketball such as dribbling, passing, shooting, rules, and strategy. There will be drills, kid friendly competitions, and scrimmage play. Conditioning, teamwork, and good sportsmanship are also strongly emphasized in every class. \$25 supply fee.

Lil Lion Boys Football: (Fall) (Grades 2-4) is for boys who want to have FUN while learning the sport of football! In this course, students will cover fundamentals and skills of football such as plays, passing, receiving, rules, and strategy. There will be drills, kid friendly competitions, and scrimmage play. Conditioning, teamwork, and good sportsmanship are also strongly emphasized in every class. \$25 supply fee.

Lil Lion Girls Volleyball: (Fall) (Grades 2-4) Students will focus on the fundamentals of the game. Through ball handling drills and games, we will enhance the girls’ skills. The goal is to help each child develop at their own individual pace in a fun environment. In addition, they will also learn the rules of play and practice drills for home. \$25 supply fee.

Lil Lion Girls Basketball: (Spring) (Grades 2-4) Students will focus on the fundamentals of the game. Through ball handling drills and shooting games, we will enhance the girls’ skills. The goal is to help each child develop at their own individual pace in a fun environment. In addition, they will also learn the rules of play and practice drills for home. \$25 supply fee.

Cheer: Beginner (Grades PK-1) In this elective, girls will learn basic chants and cheers as well as proper form. They will also learn some of the same cheers done by the Legacy Jr/High School Cheer Squad. Additionally, the girls will learn the importance of working in a group as well as

independently. The class will also cover why cheerleaders are important, and how they help the school and teams. There is a \$25 supply fee.

Cheer: Intermediate-(Grades 2-4) Legacy Cheer Coaches will teach our girls the same cheers done by the Legacy JR/High School Cheer Squads. Additionally, the girls will learn the importance of working in a group as well as independently. Many fun game day activities will be planned. There is a \$25 supply fee.

Circus Arts: Chimal- (Grades 1-4) Coach Alex Chimal is a professional 4th generation circus performer, coach and choreographer with over 35 years of experience. Students will have the safest training on fun circus arts activities such as juggling, unicycles, balance on low wire, hula hooping, acrobatics on tumble track, and aerial silks, hoop, or trapeze as well as teaching performance of these skills.

Club Sports: (Grades PK-1; 2-4) Students will cover a sports unit and will incorporate the philosophy of FFL– Fun, Fitness, and Learning. The following units will be covered–soccer, flag football, baseball, tennis, basketball, capture the flag, dodgeball, and golf/frisbee golf with additional games and activities possible. Basic skills, fundamentals, rules, and strategy are taught and incorporated into healthy, kid friendly competition with an emphasis on teamwork, fairness, good sportsmanship, accountability, encouragement, unselfishness, and leadership.

Golf: TGA Premier Junior Golf -(Grades PK-4) Students will progress through two TGA levels! All equipment is provided by TGA. In this course, students will learn through drills, games and challenges. They will also be introduced to course rules and golf etiquette. Skills include: putting, chipping, “3/4” swing and full swing. Along with the introduction to golf and tennis, TGA also incorporates S.T.E.A.M (STEM) training into their curriculum. That would be TNT DYNAMITE!

Gymnastics: Chimal- (Grades PK-4) Coach Alex Chimal is a certified gymnastics coach with USA Gymnastics and has coached gymnastics at a competitive level. He has 35 years of acrobatic experience as a professional circus performer, trainer and spotter. Gymnastics benefits students in any of the sports as well as the cheer leading class. Students will work on balance, gross motor skills, flexibility and strength as well as teaching safety. We bring a tumble track, bars, rings, mats, balance beam and mini trampoline.

Homework Help: (Grades PK-4) Ever wish you had just another hour for your student to do homework? Here’s your chance...Homework Help is a study hall for elementary students. Students and parents can get the best of both worlds... Students can enjoy the fun of participating in Friday electives and parents can feel confident that they are able to complete a little homework too! In this class, students are required to bring some sort of homework or reading material to each class period. Class will work like a study hall where students are required to do quiet, independent school work. Electronic devices, etc. will not be allowed. Homework Help will be monitored by a staff/faculty member who will be able to assist the students if needed.

Little Beakers Science, Dissections, STEAM, STEM and Robotics: (Grades K-4) With its trademark hands-on philosophy, Little Beakers' weekly STEM-intensive lab sessions will excite and engage students through projects that encompass chemistry, physics, biology, microbiology, biochemistry, forensic science, earth science, geology, space science, astronomy, and more. With lab coats and safety glasses provided each week, project work will be accomplished through: * The use of laboratory equipment, including standard and digital microscopes * Simple dissections of preserved specimens * The interactive study of atoms and matter using molecular building models * Brief reviews of key historical scientists and inventors Little Beakers....created by a scientist for future scientists!

Soccer: Soccer Shots- (Grades PK-4) Soccer Shots is an engaging children's soccer program with a focus on character development. Our caring team positively impacts children's lives on and off the field through best-in class coaching, curriculum and communication. Our expert-approved curriculum is age-appropriate and aligns with childhood education standards and Texas Early Learning Guidelines. Soccer Shots is also the official partner for US Youth Soccer. In addition, we provide an exceptional customer experience and ongoing communication with parents.

Spanish: The Language Spark- (Grades PK-4) The Language Spark will be offering Spanish Immersion classes this year at Legacy. The Language Spark's goal is to ignite a love of learning Spanish in young children and to do so in fun, innovative ways. Our curriculum is theme-based so that children will be engaged in subject area material each week. We bring Spanish to life through current Second-Language Acquisition techniques. Children will also play games, sing songs, use manipulatives, make crafts and watch short videos in Spanish in order to acquire new vocabulary and phrases. Hoping to have 2 Levels – Beginning & Advance groups this Spring. \$15 Supply Fee.

Tennis: TGA (Grades PK-4) TGA makes it convenient and fun for your child to learn and play tennis right on their school campus! Our proprietary curriculum's for elementary school and middle school were created by TGA's education experts and the United States Tennis Association (USTA). Students will experience a mix of tennis instruction, rules & etiquette lessons, educational components, character development lessons and physical activity as they advance through the five-level program. Our screened and certified instructors have a passion for working with children and are trained to help your student athlete develop a strong foundation of skills and knowledge as well as a passion for the sport. Along with the introduction to golf and tennis, TGA also incorporates S.T.E.A.M (STEM) training into their curriculum. That would be TNT DYNAMITE!

Drawing with Young Rembrandts is happy to be back Drawing at Legacy's Friday Electives! Our classes are designed to teach drawing skills, art techniques and vocabulary, exposing the students to **a different subject every week**. The thoughtful repetition of Young Rembrandts step-by-step methodology **increases visual literacy, fine motor skills, intellectual development and out of the box thinking while boosting self-confidence and bringing a creative outlet for our students**. We believe that drawing is the bedrock skill required for future success in many areas in life: we strive to provide children with skills to express their creativity and believe they all can – and should – learn to draw and enjoy it. **Come Draw with Us!** \$35 supply fee.